

Date: \_\_\_\_\_

My ideal day is filled with

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I AM

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SPIRIT or Universe, in me, as me and around me, I am ready to experience the following:

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MAKE IT SO in a special way that only you can.

I follow my inner guidance and take the next action steps I know to take:

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I AM grateful for:

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I AM grateful for highest and best happening for: (others)

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**I WHOLEHEARTEDLY ACCEPT ALL THIS and MORE. ...AND SO IT IS!!!**

*I Can Do This Thing Called Life and So Can You! [cathdepalma3@gmail.com](mailto:cathdepalma3@gmail.com)*